

General things for you to consider in any diagnostic imaging suite. Here's what you can do to make your experience a better one:

- Avoid wearing lots of cosmetics; perfumes, hair sprays, body piercings, and jewelry.
- Keep your valuables at home.
- If you are anxious, bring a friend or family member. They may not be able to be with you during your exam, but knowing that they are in the lobby area will help you relax.
- If your doctor has prescribed you oral sedation, you need to have a person that can drive you to and from our center.
- If you have questions, please ask. We want your experience to be beneficial and comfortable. Our technologists and staff are more than willing to help you.

CT or CAT Scans

Key things to remember if you are having a CT scan:

- For abdomen and/or pelvic CT exams, do not eat or drink 4 hours prior to your appointment.
- You can take prescribed medications with water.
- Arrive 30 minutes before your scheduled appointment.
- If you need a CT injection of contrast and any of the items below pertain to you, we require bloodwork that contains your BUN and creatinine levels dated in the last 6 weeks:
 - Aged 65 or older
 - Diabetic
 - High blood pressure (even controlled with medications)
 - History of liver, kidney, or heart disease
 - Personal history of cancer
 - Only 1 kidney

Arrive one half hour before your scheduled appointment time. If your CT scan is of the abdomen or pelvis, you may be required to drink an oral contrast prior to your CT scan. After scheduling, the Patient Care Coordinator will inform you what preparation your particular exam requires.